Caban

Restaurant &

Bow

Menu

cabanpendine.wales

Cyngor Sir Gâr

Carmarthenshire
County Council

Drinks

Hot Drinks

Americano	£2.30
Latte	£2.50
Mocha	£2.80
Cappuccino	£2.50
Te/Tea	£2.00
Hot Chocolate	£2.50
Deluxe Hot Chocolate	£3.00

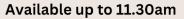
Soft Drinks

Coke/7 Up/Fanta/Dr Pepper	/Lemonade £1	.50
Coke Zero	£1	.30
Fruit Juice	£0	.70
Milkshake		.00
Water		.30
Sparkling Water		.30
Don't fo	orget to check out our	

'Daily Specials' and our delicious cakes on offer.









Full Cooked Breakfast- thick cut bacon, sausage, baked beans, grilled tomato, mushrooms, hash brown bites, fried egg, and toast. (Gluten Free Available on request)	£6.80
Vegan Breakfast- 2 vegan sausages, baked beans, grilled tomato, mushrooms, hash brown bites and toast. (add egg for vegetarian)	£6.30
Children's Breakfast- sausage, thick cut bacon, baked beans, and toast.	£4.00
Filled Baguette, choose from Sausage, Vegan Sausage or Bacon	£4.50
On Toast, choose from baked beans, mushrooms, or grilled tomatoes.	£3.90
Toast or Croissant, served with butter, jam or marmalade.	£1.90
Pancakes with Bacon & Maple Syrup	£4.50

life Bites

Available from 12pm - close

	Baguette	Jacket Potato
Ham	£4.80	£5.50
Cheddar Cheese	£4.80	£5.50
Vegan Cheese	£4.80	£5.50
Chicken Mayonnaise	£4.90	£6.30
Tuna Mayonnaise	£4.90	£6.30
Beans & Cheese		£5.50

Soup of the Day with 1/2 Baguette

£4.50

Cawl served with 1/2 Baguette and Cheddar

£7.00

Don't forget to check out our 'Daily Specials' and our delicious cakes on offer.

Food allergies and Intolerances, please tell a member of staff before ordering and ask for any information

Available from 12pm - close

(Available to takeaway)

Margherita £9.50
Vegetable £9.90
Chicken and Bacon £10.90
Pepperoni £10.90

BBQ Chicken and Bacon

Loaded Fries

(Available to takeaway)

Bacon & Cheese £6.50
BBQ Chicken and Bacon £6.80

Main Meal

Lasagne served with salad and garlic bread £10.90

Chef's Homemade chicken curry, served with rice or chips. £9.90

Chef's Homemade chicken curry, served with rice or chips.

£10.90

Upgrade to half and half £1.00

Chef's Homemade Vegan Curry, a fragrant coconut curry served with rice or chips. £9.90

Upgrade to half and half £1.00

Pie of the Week, served with peas, onion gravy, chips, or chips. £10.90

Salmon and dill fishcakes served with chips and salad £11.90

Breaded scampi served with chips and peas £11.90

Chicken Sharma kebab served with flatbread and salad £10.90

Sausages served with Mashed Potato, Peas & Onion gravy (Vegan option available) £9.90

Children's Menu

Chicken Salad served with 1/2 Baguette £4.90

Fish Fingers served with Chips or Jacket Potato & Beans or Peas £4.90

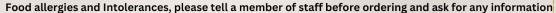
Chicken Nuggets served with Chips or Jacket Potato & Beans or Peas £4.90

Sausage served with Chips or Jacket Potato & Beans or Peas (Vegan available on £4.90

request)

Extras

Garlic Bread	£2.90
Tater Tots (mini Hash Browns)	£2.90
Chips	£2.90
Cheesy Garlic Bread	£3.50
Side Salad	£2.90





Caban



Cwrw: beer

Peroni Nastro Azzuro NRB 5.1%	£4.00
Gower Gold Ale 4.5%	£4.00
Gower Lighthouse Lager 4.5%	£4.00

Seidr: Cider

Gwynt Y Ddraig Black Dragon 6.5%	£4.00
Thatchers Haze 4.5%	£4.00
Thatchers Rosé 4.0%	£4.00

Gwin: wine

1	Versare - Chardonnay 75cl Versare - Sauvignon Blanc 75cl Bear & Stag Pino Grigio 187ml 13%	£14.00 Potel/Bottle £14.00 Potel/Bottle £4.50 Potel fach/Sml Bottle

Prosecco 20cl 11%	£6.00 Potel fach/Sml Bottle	
Procsecco 75cl 11%	£16.00 Potel/Bottle	

Coch :	Versare - Merlot 75cl 12%	£14.00 Potel/Bottle
	Versare - Shiraz -75cl 13%	£14.00 Potel/Bottle
Red		£4.50 Potel fach/Sml Bottle
	Bear & Star Shiraz 187ml 13.5%	24.50 1 0001 1001// 51111 000010

Rosé :	Bear & Stag Zinfandel 75cl 10.5%	£14.00 Potel/Bottle
	Bear & Stag Zinfandel 187ml 10.5%	£4.50 Potel fach/Sml Bottle
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Gwirodydd / Spirits

Barti Rum 25ml 35%	£3.00
Penderyn Five Vodka 25ml 43%	£3.00
Penderyn Whiskey 25ml 46%	£4.00
Breacon Botanics Gin 25ml 43%	£3.00
Gower Gin 25ml 43%	£3.00
Gower Bara Brith Gin 25ml 43%	£3.00
Archers 25ml 18%	£2.50
Black Mountain Apple & Blackcurrent Brandy 25ml 22%	£3.00
QC Sherry 50ml 15%	£3.00
Jack Daniels 25ml 40%	£3.00
Captain Morgan 25ml 40%	£3.00