

Caban

Bwyty a Bar
Restaurant & Bar

Bwydlen *Menu*

cabanpentywyn.cymru

cabanpendine.wales

Cyngor Sir Gâr
Carmarthenshire
County Council



Diod : Drinks

Diod Poeth / Hot Drinks

Americano	£2.25
Latte	£2.50
Mocha	£2.75
Cappuccino	£2.50
Te/Tea	£2.00
Siocled Poeth /Hot Chocolate	£2.50
Siocled Poeth Moethus /Deluxe Hot Chocolate	£3.00

Diod Oer / Soft Drinks

Coke/7 Up/Fanta/Dr Pepper/Lemonade	£1.50
Diet Coke/Coke Zero/7Up Zero/Tango	£1.30
Oren/Orange	£0.70
Sudd Ffrwythau / Fruit Juice	£1.00
Ysgytlaeth / Milkshake	£1.30
Dŵr / Water	£1.30
Dŵr Pefriog / Sparkling Water	

Dewis o gacennau ar gael : Selection of cakes available



Bwydlen : Menu

Brecwast : Breakfast

Ar gael hyd at 12yh - Available up to 12pm

Brecwast Penodol (Mae selsig HG ar gais)	£6.75	Set Breakfast (Gluten Free Sausages available on request GF)
Brecwast (Fegan)	£6.25	Vegan Breakfast V
Brecwast penodol ar gyfer plant (Selsig, bacwn, ffa pob a thost)	£4.00	Children's set breakfast (Sausage, bacon, beans and toast)
Baguette Facwn (Rhôl HG ar gais)	£4.50	Bacon Baguette (GF roll on request)
Baguette Selsig (Rhôl HG ar gais)	£4.50	Sausages Baguette (GF roll on request)
Tost neu Croissant gyda menyn a jam (LI)	£1.85	Toast or Croissant with Butter and Jam (V)
Crempogau gyda chompot ffrwythau (LI)	£4.00	Pancakes with fruit compote (V)

Ar gael o 12yh - cau : Available from 12pm - close

Baguette- £4.75

(Dewis o 1 lenwad/Choice of 1 filling)

• Ham	Ham
• Caws	Cheese
• Cyw lân Mayo	Chicken Mayo
• Tiwna Mayo	Tuna Mayo
• Caws Fegan	Vegan Cheese

Pizza

• Margherita	Margherita	£9.50
• Pepperoni	Pepperoni	£10.95
• Cyw lân a Bacwn	Chicken & Bacon	£10.95
• Llysieuwr	Vegetarian	£9.95

Prif bryd : Main Meal

Salad corgimwch y brenin	£11.95	King Prawn Salad
Salad Cyw lân Lemon	£9.95	Lemon Chicken Salad
Cyrri cyw lân Sws y ddraig gyda reis	£9.95	Sws y Ddraig Chicken Curry & Rice
Cyrri Llysiau gyda reis	£9.95	Vegetable Curry & Rice
Pastai Stêc a Chwrrw gyda Tatws Newydd, Phys a Grefi	£10.95	Steak & Ale Pie, New Potatoes, Peas & Gravy

Bwydlen Plant - Children's Menu

Salad Cyw lân gyda Tatws Newydd	£4.95	Chicken Salad with New Potatoes
Bysedd Pysgod, Tater Tots neu Datws Newydd	£4.95	Fish Fingers, Tater Tots or New Potatoes
Nuggets Cyw lân, Tater Tots neu Tatws Newydd	£4.95	Chicken Nuggets, Tater Tots or New Potatoes
Selsig, Tater Tots neu Datws Newydd	£4.95	Sausage, Tater Tots or New Potatoes

Seigiau Ochr - Side Dishes

Tatws Newydd Rosemari	£2.95	Rosemary New Potatoes
Bara Garlleg	£2.95	Garlic Bread
Tater Tots	£2.95	Tater Tots

Alergeddau ac Anoddefiadau Bwyd, dywedwch wrth aelod o staff cyn archebu a gofynnwch am unrhyw wybodaeth.

Food allergies and Intolerances, please tell a member of staff before ordering and ask for any information